

# link

A PEPPERMILL PUBLICATION - VOLUME 9

## ReJuvenation

A LOOK INTO THE  
WORLD OF SPA TOSCANA



berry yummy!

*Gelato*  
PEPPERMILL  
HOUSEMADE  
ITALIAN  
ICE CREAM



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# WHERE SNOWSHOEING MEETS SNOWBIRDS

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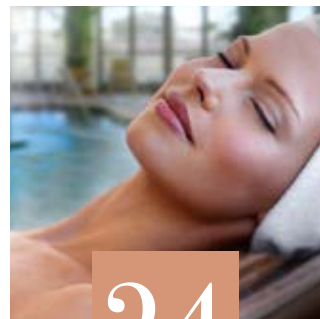
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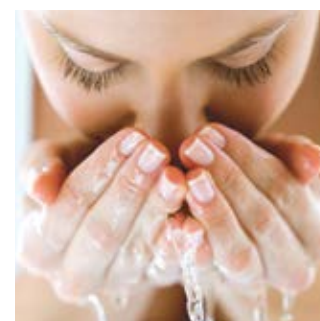
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WINTER  
SKINCARE TIPS





... but first, coffee



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PEPPERMILL  
RENO



# WINTER

**T**he cold weather doesn't slow Reno down! While the seasons change, enjoy a variety of entertainment spanning from theatrical plays to bar crawls.

## THE KING AND I

*Jan. 18-20*

From the work of Rodgers and Hammerstein comes "The King and I," a musical tale of unintended love between an English schoolteacher and the King of Siam. A relationship is born when Anna is called to the Royal Palace in Bangkok to tutor the King's numerous wives and children. The Pioneer Center for the Performing Arts hosts this Tony Award winning musical from January 18-20, 2019. Purchase tickets at [pioneercenter.com](http://pioneercenter.com).

## DOWNTOWN RENO ICE RINK

*Through Jan. 21*

You bring the skates, Reno provides the ice! Celebrate the chilly winter season at Greater Nevada Field through January 21. Plan your visit on Thirsty Thursday or Frosty Friday to take advantage of delicious drink specials. Or, have a taste of nostalgia at the '90s Themed Dance Party! The rink opens at 10 a.m. daily, weather permitting. To purchase your tickets, visit [greaternevadafield.com](http://greaternevadafield.com).

## BAREFOOT IN THE PARK

*Jan. 18-Feb. 3*

In this fun-loving film, newlyweds Paul and Corie have recently moved into their fifth-floor walkup apartment in New York City. Problems begin to arise when the couple discovers how opposite they truly are. Corie is a free spirit who gets long with their kooky neighbors, while Paul is a no-nonsense conservative. The couple ultimately has to decide if they can live with each other's differences or separate. The Reno Little Theater brings 1967's "Barefoot in the Park" to life! Buy your tickets at [renolittletheater.org](http://renolittletheater.org)

## BIG GAME BLITZ

*Feb. 3*

Peppermill's Big Game Blitz party is the best place to watch the game on large-scale screens! No tailgate is fit without an all-you-can-eat buffet, complimentary beer, and photo opportunities. Football fans will also be given a complimentary gift and a chance to win exciting door prizes at every quarter. Tickets can be purchased at [www.peppermillreno.com](http://www.peppermillreno.com).

## SOMETHING ROTTEN!

*Feb. 15-17*

Show business is tough, even for the Bottom brothers, Nick and Nigel. Struggling to find fame in the 1500s, the Bottom brothers learn that their success lies in singing, dancing, and acting simultaneously. With this realization comes the production of the very first musical. The Pioneer Center for the Performing Arts hosts "Something Rotten!," a 10-time Tony nominated musical, from February 15-17, 2019. Purchase tickets at [pioneercenter.com](http://pioneercenter.com).

## ALPENGLOW MOUNTAIN FESTIVAL

*Feb. 16-24*

Discover some of the best activities Lake Tahoe has to offer at the Alpenglow Mountain Festival. Activities are set at beginner to intermediate levels, so new winter recreation enthusiasts are welcome to try their hand at backcountry skiing, cross-country skiing, snowshoeing, and more. This nine-day celebration presents more than 75 individual events, as well as live music, educational workshops, and social gatherings. Register at [alpenglowsports.com/mountainfestival](http://alpenglowsports.com/mountainfestival).



## SNOWFEST! NORTH LAKE TAHOE

*Feb. 28-March 10*

This 10-day festival has been snowballing since 1982. A polar bear swim, hot wing eating contest, fireworks, parades, concerts, and theater performances are just a few of the activities to name. Make the most of the snow by participating in the Naughty Dawg Pull, Whacky Human Bowling, and Snow Sculpting. To find out more information on Snowfest! visit [tahoesnowfest.org](http://tahoesnowfest.org).

## RENO FUN TRAIN

*Feb. through March*

Ride to Reno in style on this “World Famous Party Train.” The Reno Fun Train allows you to soak in the snow-covered views of the Sierra Nevada mountains all the way to Reno while staying warm and cozy. Dance the ride away at the Club Locomotion Dance Car, or relax in your roomy seat with a cocktail. This laid-back locomotive has something to offer everyone! For dates and booking visit [keyholidays.com](http://keyholidays.com).

## 28TH ROCKY MOUNTAIN OYSTER FRY

*March 16*

More than 7,000 folks visit Virginia City on St. Patty’s Day to see who will earn the title of “Best Rocky Mountain Oyster Cook in the West.” Watch the competition rise with every grill, fry, and bake. Sample and decide for yourself who should win the title. While you’re enjoying the delicious snacks, join in the parade and costume contest. Looking for after-dark entertainment? Quench your thirst at the Ball Breaker Saloon Crawl where you’ll get one free beer and a variety of samples at participating saloons. Purchase tickets at [visitvirginiacitynv.com](http://visitvirginiacitynv.com).

## THE WIZARD OF OZ

*March 15-17*

Singing and dancing and acting, oh my! Follow the yellow brick road all the way to Emerald City while enjoying mesmerizing choreography and shocking special effects during this production by the Pioneer Center for the Performing Arts. Reserve your tickets to the magical Land of Oz at [pioneercenter.com](http://pioneercenter.com).

## 7TH ANNUAL LEPRECHAUN RACE

*March 17*

Find your pot of gold (and complimentary refreshments) at the end of this 5K run through Midtown and Wells Avenue districts in Reno. Run or walk, but be sure to keep up the pace with a speedy leprechaun in order to get your special prize. If the leprechaun passes you, don’t fret. Each runner and walker passed adds proceeds going toward the Terry Lee Wells Nevada Discovery Museum. Registration, ranging from \$25-\$35, includes a personalized race bib, Leprechaun Race cup, Lenny the Leprechaun tattoo, and more. Find costume inspiration at [race178.com](http://race178.com).

## MONSTER JAM

*March 22-24*

Watch large monster trucks flip, race, and freestyle at the Reno-Sparks Livestock Events Center. Featuring trucks named Alien Invasion, Devastator, Hurricane Force, and Ice Cream Man, this show is bound to rev your engine! See the full event lineup and purchase tickets at [monsterjam.com](http://monsterjam.com).

# SPRING

# EVENTS

## 5TH ANNUAL WINTERWONDERGRASS TAHOE

*March 29-31, 2019*

Beer and music lovers unite! This outdoor four-day festival features more than 25 bands and 20 California breweries. Concert goers can expect to be swayed under the star-filled High Sierra sky by calming acoustic and bluegrass tunes. Heighten your experience with heated tents, beer tastings, coffee bars, food trucks, cocktail bars, and more. Get your tickets now at [winterwondergrass.com](http://winterwondergrass.com).

## CLASSIX SERIES: REQUIEM

*April 27-28*

The Reno Philharmonic will end its 50th season with a celebration of our community. Of the many things to look forward to, Grammy-nominated composer Zhou Tian's piece – inspired by the Transcontinental Railroad, which gave birth to the city of Reno – will make its much-anticipated debut. The series begins with Richard Strauss's "Travel Fever and Waltz Scene" and ends with Mozart's "Requiem." Tickets and showtimes are available at [renophil.com](http://renophil.com).

## 26TH ANNUAL BEER FEST

*May 3*

Throw one back for the pack at Reno's longest running tasting event. This festival features live entertainment and earns its name with more than 100 different breweries and spirits to sample. Proceeds from Beer Fest tickets go toward raising scholarship funds for students attending the University of Nevada, Reno. For more information visit [nevadayac.com](http://nevadayac.com). ■

**ARTOWN  
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TICKET PRICES: \$25, \$35, \$45, \$55  
STUDENT PRICES: \$15  
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\$25.00 section. Two tickets  
per student.  
For student tickets (\$15)  
use code Student2019

**AILEY II**  
ARTISTIC DIRECTOR TROY POWELL  
**FEBRUARY 22,**  
**2019 | 7:30 PM**

Ailey II's Caroline Theodora Darley and Carl Ponce Cubero. Photo by Kyle Froman

Tickets available at Pioneer Center Box Office M-F 11am -6pm, call 866-553-6605 or visit [PioneerCenter.com](http://PioneerCenter.com).  
Plus applicable fees. For more information, call Artown at 775-322-1538 or visit [Artown.org](http://Artown.org)





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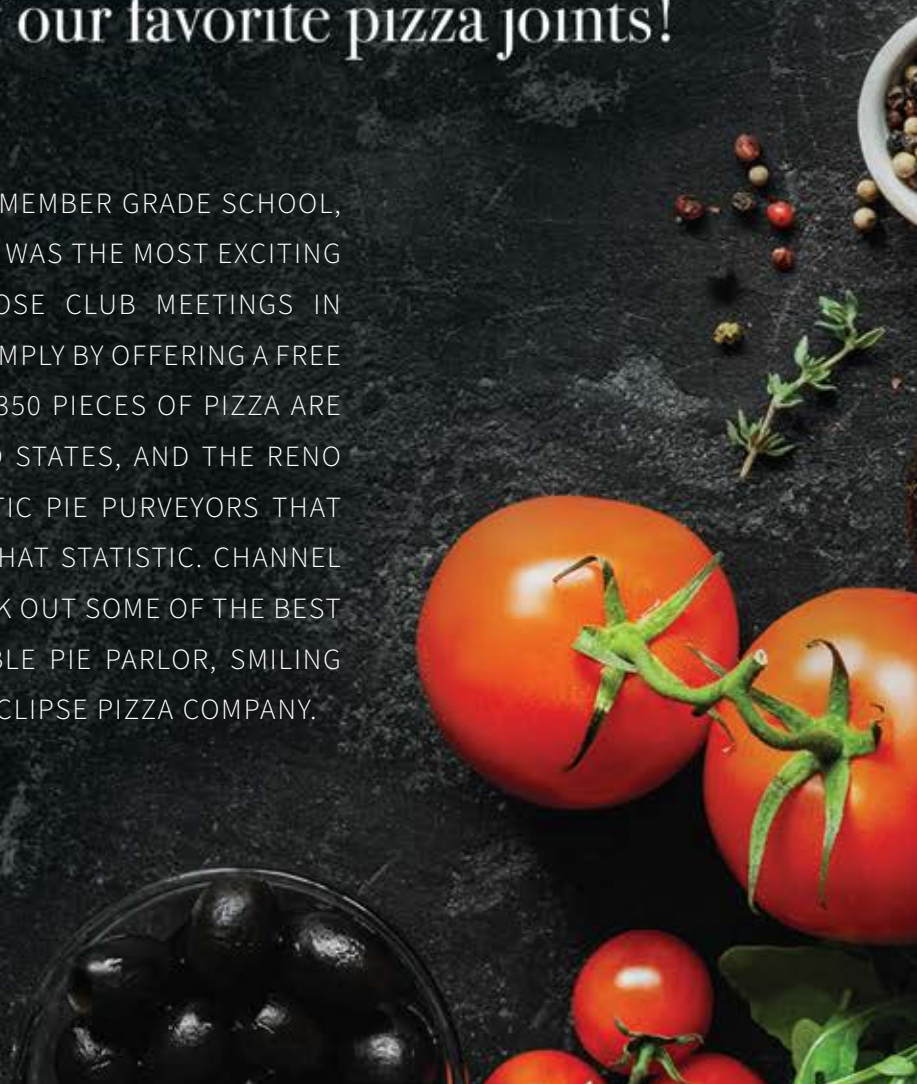


# Home Slice!

by Justin Heeren

“Eat like a Local” takes a look at  
some of our favorite pizza joints!

PIZZA CAN BE A POWERFUL THING. REMEMBER GRADE SCHOOL, WHEN THE PROMISE OF A PIZZA PARTY WAS THE MOST EXCITING NEWS IMAGINABLE? OR ALL OF THOSE CLUB MEETINGS IN COLLEGE THAT GOT US IN THE DOOR SIMPLY BY OFFERING A FREE SLICE OR TWO? IT'S REPORTED THAT 350 PIECES OF PIZZA ARE EATEN EVERY SECOND IN THE UNITED STATES, AND THE RENO AREA HAS NO SHORTAGE OF FANTASTIC PIE PURVEYORS THAT DO THEIR PART TO CONTRIBUTE TO THAT STATISTIC. CHANNEL YOUR INNER PIZZA HUNTER AND CHECK OUT SOME OF THE BEST 'ZA THE AREA HAS TO OFFER AT NOBLE PIE PARLOR, SMILING WITH HOPE PIZZA, JJ'S PIE CO., AND ECLIPSE PIZZA COMPANY.











Photos courtesy of Noble Pie Parlor

## NOBLE PIE PARLOR

In Midtown, if you pulled aside the nearest person and asked what his or her favorite pizza place is, you'd likely get the same answer from most of them: Noble Pie (or if you find someone who's been around for a while, they might say "Pie-Face Pizza," Noble's former moniker). Owners Trevor Leppek and Ryan Goldhammer have established a much-loved spot where locals and tourists can enjoy a slice and a drink in a warm atmosphere.

What some locals might not know is that the name "Noble Pie" actually came about because of a completely different concept: a speakeasy. Goldhammer explained that the ownership group toyed with the idea of opening a hidden bar called "The Noble" after "The Noble Experiment," a reference to prohibition. When the owners were abruptly forced to find a new name for their pizza place, the concept was repurposed, and they used the name Noble Pie for their popular pizzeria instead. The quality of the pizza at Noble Pie is far from a secret; they roll out incredible East Coast-inspired pies with little touches of the West Coast.

The restaurant uses an 8th generation Sicilian dough recipe and 4th generation Brooklyn sauce recipe in their pizzas, calzones, and strombolis; the authenticity is something that can be tasted in each bite. They also hand-make all their sausages and meatballs, along with most items on the menu (even the ranch dressing is housemade). Round out the meal with some garlic knots, polenta, or their "Burg-Style" wings, and it's a guarantee you won't be leaving hungry.



***Noble Pie Midtown is located at 777 S. Center Street #100 in Reno, and is open Monday and Tuesday from 11 a.m. to midnight, Wednesday from 11 a.m. to 1 a.m., Thursday from 11 a.m. to 2 a.m., Friday from 11 a.m. to 3 a.m., Saturday from 10 a.m. to 3 a.m., and Sunday from 10 a.m. to 10 p.m.***

***Noble Pie Downtown is located at 239 W. 2nd Street in Reno, and is open Monday and Tuesday from noon to midnight, Wednesday from noon to 1 a.m., Thursday from noon to 3 a.m., Friday from noon to 4 a.m., Saturday from 10 a.m. to 4 a.m., and Sunday from 10 a.m. to 9 p.m.***





## SMILING WITH HOPE

Growing up in a home full of top-notch Italian cooks, Walter Glosinski started his culinary training in the 1950s with beloved family members. He developed a passion for New York-style pizza – a passion that continues 60 years later. While making delicious food was a big priority for Glosinski, he also wanted his kitchens to do something more. With this in mind, he started working with people with developmental disabilities, and weaved his passions together by creating Smiling With Hope Pizza.

Leading up to the opening of Smiling With Hope, Glosinski worked for 22 years opening different restaurants and bakeries across the country in public schools. These kitchens helped train students with disabilities for competitive jobs. Glosinski has also worked with a who's who of pizza chefs and culinary schools all over the world to help him hone his recipes and provide the best pies possible. Smiling With Hope is modeled after the small cafés and pizza places that Glosinski grew up patronizing. He pulls even more tradition into the pizza-making process itself, using 1960s' gas deck ovens, which, according to the Smiling With Hope website, are the "Holy Grail for NY pizza." Every pizza has a hand-stretched crust and is baked directly on a pizza stone to assure that the crust gets nice and crispy.



Photos courtesy of Smiling With Hope

With four different styles of pizza (Classic New York, New York Ricotta, Sicilian, and Ricotta Sicilian) and a selection of toppings, Smiling With Hope can throw together a pizza to fit almost any craving you have. The menu also features calzones, garlic knots, salads, and a few desserts to indulge your sweet tooth. Make sure to try the Cannoli Sandwich, a unique invention of cannoli filling between two chocolate chip cookies. It's the perfect end to a great meal.

***Smiling With Hope Pizza is located at 6135 Lakeside Drive #101 in Reno, and is open Tuesday through Friday from noon to 2 p.m. and from 5 p.m. to 8 p.m., and Saturday from 5 p.m. to 8 p.m.***







## JJ'S PIE CO.

Sometimes, we want to hang somewhere that feels like we've been going there forever. Something akin to the old TV show *Cheers*, where the beer is cold, the pizza is hot and tasty, and the staff treats you like a regular from the second you step in the door. If you're willing to go just a tiny bit off the beaten path in downtown Reno, you'll find just this type of place on 5th Street at JJ's Pie Co.

JJ's opened its doors in 1983, and has been family owned and operated ever since. The restaurant's goal is simple: serve the best quality pizza possible, and they're not afraid to put in the extra work to make sure they accomplish that goal. Boasting a relaxed, casual atmosphere, JJ's is a great place to watch the game and knock back some pitchers with friends. Their pizzas are packed full of fresh ingredients and awesome flavors, and the menu has enough variety to satisfy the pickiest eater. Aside from the pizzas, a selection of appetizers, hot and cold sub sandwiches, and salads is available.

If you're looking for something a little different, check out some of JJ's specialty pizzas. For those who enjoy the spicier side of life, the Valdez features chorizo, jalapeños, sausage, tomatoes, bell peppers, and cumin – a great pizza for cold weather. If you're feeling a little more West Coast, the Baja has chicken, pepperoncini, garlic, sun-dried tomatoes, artichoke hearts, and chorizo. Head on over because the crew at JJ's is ready to make you feel right at home.

***JJ's Pie Co. is located at 555 W. 5th Street in Reno,  
and is open Sunday through Thursday from 11 a.m. to 10 p.m.  
and Friday and Saturday from 11 a.m. to 11 p.m.***



Photo courtesy of Eclipse Pizza

## ECLIPSE PIZZA COMPANY

Reno-ite Dave Fish is a very active man. He coaches swimming and participates in some of the most high-level endurance races in the country. Ironman events, running, cycling, hiking, skiing – he does it all. It might sound counterproductive, but sometimes when you're done with a workout or a soul-crushing endurance race, all you want is a good piece of pizza. You can get just that – and more – at Fish's pizzeria, Eclipse Pizza Company.

If you're driving too fast down McCarran, you may miss this little pizza joint, tucked into the Mayberry Landing Shopping Center on the west end of town. For many, it's a hidden gem that has a menu full of old standbys and a few surprising twists. Being a restaurant run by an athlete, it likely surprises no one that



there are some healthier options on the menu such as gluten-free crusts and fan-favorite cauliflower pizza crusts. The salads are also quite popular, particularly the Apple Goat Cheese Salad featuring candied pecans, dried cranberries, grape tomatoes, apple slices, and goat cheese tossed in a champagne vinaigrette. There's even a secret menu that not only has some "outside-the-box" pizzas, (a Paleo Pizza with crispy fried pepperonis as the crust is an option), but also some downright dangerous-sounding ways to cut your pizza. The description for the Ninja style reads: "... casualties to worker and pizza are possible." Scary.

Whether you've just finished a 5K or you're craving a slice on a night off, look for the bright yellow and orange sun and moon on Reno's west side. If you ask nicely enough, the chefs might even make a pizza in a specialty shape. Eclipse's Facebook feed is full of wreaths, hearts, bunny rabbits – whatever the occasion calls for. No matter the shape, chances are you'll fall in love with the pizza from the first bite. ■

*Eclipse Pizza Company is located at 3950 Mayberry Drive in Reno,  
and is open Monday through Thursday from 11 a.m. to 8:30 p.m.,  
Friday and Saturday from 11 a.m. to 9 p.m.,  
and Sunday from noon to 8 p.m*



# Noble Pie parlor

A Reno Style  
Pizza Joint



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TOWN**

777 South Center Street

775.323.1494

[www.noblepieparlor.com](http://www.noblepieparlor.com)

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# *Drink*

## LIKE A LOCAL

by Sarah Litz

NOTHING COMPLEMENTS SNOW-CAPPED MOUNTAINS AND CRISP WINTER AIR BETTER THAN A GLASS OF SOMETHING SPECIAL TO IMBIBE.

DURING THE WINTER MONTHS, ALMOST ALL BARS IN THE RENO-TAHOE REGION OFFER A LIMITED-EDITION DRINK MENU FILLED WITH WARM CINNAMON NOTES, TART CRANBERRY FLAVORS, SPICY SAGE WHIFFS, AND MORE TO LEAVE THE PALATE SATISFIED.





THE THOUGHT OF BUNDLING UP AND TRUDGING OUTSIDE IN THE COLD MAY BE TOUGH, BUT THANKFULLY, YOU WON'T HAVE TO TRAVEL FAR FROM THE COMFORT OF YOUR ROOM. UNLEASH YOUR INNER SOMMELIER AT PEPPERMILL RENO'S TERRACE LOUNGE OR TRAVEL A FEW BLOCKS TO EXPERIENCE CHAPEL TAVERN OR DEATH & TAXES LOCATED IN MIDTOWN RENO. COZY UP AT SOME OF THESE LOCAL WINTER WATERING HOLES. CHEERS!

# *Winter* COCKTAILS





# Chapel Tavern

Find salvation this winter at Chapel Tavern. Located in Midtown, the industrial-style bar creates a unique experience where drink is their religion.

Opened in 2007 by T. Duncan Mitchell, a native Nevadan, the bar exemplifies tradition and innovation. The full bar's selections are ever-evolving and continually expanding to include rarities and specialty items, perfectly picked for every drink. No matter what your guilty pleasure is, or if you're looking to try something new, Chapel's friendly, talented bartenders are ready to assist you in your boozy journey.

When it's cold outside, pick from a variety of classic hot drinks like Hot Buttered Rum and Mulled Cider or treat your taste buds to Café Bravado, a cognac drink with fernet, chartreuse, cinnamon, Magpie Coffee Roasters' coffee, cream, and nutmeg. If tequila is your calling, try El Chapo, a mixture of añejo tequila, coffee, dark brown sugar, and spicy chilies.



Photos courtesy of Chapel Tavern



*Chapel Tavern is located at 1099 South Virginia Street in Reno, and is open Monday through Friday 2 p.m. to close, and Saturday and Sunday 10 a.m. to close.*

Other seasonal selections range from the Barrel Aged Boulevardier, a warm bourbon whiskey served over hand-cut ice, to The Pilgrim, a navy-strength rum served with orange, sweet potato, and marshmallow. A local favorite holiday drink – and Mitchell's go-to – is the house-made Aged Nog. The drink is a blend of local eggs and cream plus spices, bourbon, and cognac, then cellared until ready to serve. There's a reason why it's the bar's biggest seller year after year.

Indecisive? Just ask the team to make you a drink. Feeling a tequila night? Or maybe it's a try-something-new kind of day? Without hesitation, the bartenders will almost undoubtedly get on the ladder to peruse the floor-to-ceiling selection to find the perfect drink for you.



# Death & Taxes

Fresh, seasonal ingredients rule every cocktail at this classy lounge.

Established in 2013 by team Ivan Fontana and Sadie Bonnette, Death & Taxes has become a mecca of infusion, often making classic drinks with a unique twist. Each artisanal cocktail has elaborate ingredients and house-made syrups, garnished to perfection.



Photos by Ari Dyckovsky, Keep It Crafted



*Death & Taxes is located at 26 Cheney Street in Reno, and is open Sunday from 5 p.m. to 11 p.m., Monday through Thursday from 2 p.m. to midnight, and Friday and Saturday from 2 p.m. to 1 a.m.*



Dark and stormy winter weather often calls for a dark and delicious drink. Venture into the bourbon world and try The Black Gates, a deep drink with Gunpowder Bourbon, scotch, Drambuie, lemon, and green cardamom syrup. If you need a reminder of the warm summer days, sip on a Dead & Lovely – a mixture of toasted coconut bourbon, dark rum, vanilla, pineapple, lemon, and mango syrup.

Whatever you drink, you'll find it here. Go for a classic Gin & Tonic – with plenty of variations on the menu – or try Death & Taxes Old Fashioned with toasted coconut Henry McKenna 10 Year, five-spice demerara syrup, and the bar's own tobacco bitters.

Beyond the cocktail menu and Spirits Bible, Death & Taxes offers classes tailor-made for your group. Test out your bartending skills, learn all you can about tequila and mescal or bourbon, how to batch cocktails, and more. Take your newly learned knowledge to the test and bring home some hand-selected bottles from the Death & Taxes Bottle Shop to make your own.





# Terrace Lounge

All we want for Christmas is a glass of deliciousness, found tucked inside the Peppermill Reno. Step out of the cold and into the Terrace Lounge.

Craft cocktails, views of the Peppermill gardens and pools, and nightly live music make this spot the place to be. Grab a seat on one of the plush couches and sip the night away with award-winning wines, exclusive whiskeys, or one of these seasonal drinks made with locally sourced ingredients.

Sweet notes and tart, fresh blends create perfect cocktails to warm you from the inside out. Test out a twist on a Manhattan with the Winter Wonderland, or if you prefer drinks on the rocks, taste a CranBaby where a citrus-forward Brooklyn Gin gets a tart kick from cranberry syrup and a touch of mint. Go ahead and entice your taste buds with a gingerbread Old Fashioned named All I Want for Christmas – the warm flavors of a traditional gingerbread cookie meets spicy Clyde May's Rye Whiskey, garnished with a fresh gingerbread man from the Peppermill bakery.



Feeling a little lucky? During the Lunar New Year, oranges and mandarins are given for good luck, with the color red symbolizing good fortune and joy. At the Terrace Lounge, order a Lucky Star made with Casamigos Blanco, a fresh citrus blend of blood orange, lime, and lemon, topped with Jarritos Mandarin soda, creating a lucky paloma.

If you're looking for a sweeter adventure, order a Hula Brew – a Hawaiian getaway in a glass – made with Kona Cold Brew Coffee, coconut cream, and Buffalo Trace Bourbon Blend. Take a sip of a Let It Snow – a reimagined piece of peppermint bark. House-made peppermint cream, Godiva White Chocolate Liqueur, and Absolut Elyx Vodka combine in a dark Chirardelli Chocolate swirled glass to create a sweet sip.

If it all sounds too good, let the professionals decide. All you have to do is pick the spirit and flavors you enjoy, and the mixologists will handle the rest. ■

*Terrace Lounge is located inside the Peppermill Reno, and is open Sunday through Thursday noon to 11:30 p.m., and Friday and Saturday noon to 1 a.m.*





Too much of anything is bad,  
but too much good whiskey is barely enough. - MARK TWAIN



Live Music.



250 Whiskeys.



# A Platform for *Fun*

It's not about the destination, it's about the experience. Unlike busy airports and crowded highways, the Reno Fun Train, operated by Amtrak, focuses on making travel enjoyable for all of its 500 passengers. A Club Dance Car, Piano Lounge, and Elvis tribute artist are just some of the amenities you will find on this lively locomotive. The Reno Fun Train allows its passengers to enjoy a unique vacation experience from the very first minute they step aboard to the moment they reach their destination.

Proudly running for 52 years, the Reno Fun Train began as a means of bringing in business to Reno and providing employment for the Southern Pacific crews during wintertime. Through the collaboration of the Reno Chamber of Commerce and Southern Pacific Railroads, the Reno Fun Train started its engines in 1963 for the first time.

This 15-car train will run from Northern California cities – Emeryville, Richmond (BART connection), Martinez, Suisun, and Sacramento – to Reno exclusively during February and March in 2020. The cold winter seasons in the Sierra Nevada region have a tendency to keep crowds inside under warm blankets, but on the Fun Train, one can enjoy the brisk, beautiful landscape without having to endure the frigid weather outside. While you're enjoying a cocktail and a snack, soak in the views of the snow white Sierra Nevada mountains all the way to the bright city lights of Reno surrounding you.





# The Reno Fun Train has allowed its passengers to blow off steam while traveling since 1963. If you're looking to get to Reno in style, try out these tracks.

by Katie Peters

The entertainment options are endless. Sing along at the Piano Lounge or dance the ride away at the Club Locomotion Dance Car. Need to unwind and relax? Kick back in your luxurious and roomy seat, or treat yourself to a chair massage. If that isn't enough to keep you on track, the King himself will visit the Reno Fun Train! Enjoy an Elvis tribute artist who promises to keep you all shook up (in a good way).

The Reno Fun Train offers three types of tickets: Silver Coach, Gold, and Platinum service. Each ticket provides round-trip fare, a two-night hotel stay, arriving and departing meals, city taxes and "Winner's Book" of coupons. Purchasing a Gold ticket includes Dome Car seating with first-class services, afternoon refreshments, and 3-Course Dining Car luncheon served round trip. The most luxurious ticket, Platinum, is limited to a group size of 22-28 passengers. Amenities include Dome Car seating with first-class services, all onboard beverages, access to a private lounge, and buffet-style meals with a Chef Station Area.

The fun doesn't stop there. Plan your ride around Fun Train Theme Nights and holidays. Soul Train, St. Patrick's, and Mardi Gras are just some of the options available. Whether you are traveling with a large group, riding solo, or with a significant other, the Fun Train invites all to have a blast especially during themed rides that include costume contests, best car décor contests, and beer tastings.

Enjoy your means of transportation by booking a ticket on the Reno Fun Train! All passengers must be 21 years of age or older. For more information and detailed schedules, visit [keyholidays.com](http://keyholidays.com) ■

Photos by Eric Mencis





# Spa tacular

by Katie Peters

SPA TOSCANA CELEBRATED 10 YEARS OF SERVICE IN 2018. OVER THE YEARS, THERE HAVE BEEN MANY DEVELOPMENTS AND ADDITIONS, SUCH AS THE RELAXATION ROOM, THE HIMALAYAN SALT ROOM, AND AN EVER-GROWING MENU OF SPA AND WELLNESS TREATMENTS. HOWEVER, THE GOAL HAS REMAINED THE SAME SINCE THE SPA DOORS FIRST OPENED: TO CREATE A RELAXING ATMOSPHERE THAT CATERS TO ALL AND STAYS LONG AFTER GUESTS DEPART.







*In ancient Rome, bathing played a major role in culture and society. It was believed that natural springs were blessed by the gods and cured ailments. Men and women would visit and bathe in these springs in hopes of relaxation and strengthening of health.*





Inspired by this ancient tradition, but with a modern take on health and wellness, Peppermill's Spa Toscana opened its doors 10 years ago. Since then, Spa Toscana has placed an emphasis on the well-being of the body, mind, and soul.

Features that one would have found in ancient Rome can be enjoyed at Spa Toscana. Take a plunge in the caldarium hot bath and enjoy an upscale experience that relaxes your muscles, boosts circulation, and melts away the stress of sore joints and limbs.

There are, however, many services provided that would not be found in your average bath house. Treatments range from escaping reality in the newly opened Relaxation Room to Wellness Rituals such as the Nirvana Deluxe Package. An experience at Spa Toscana goes beyond a day of pampering. All services offered provide a long, relaxing impact that stays with you even after you have left the Peppermill. Soon enough, you'll want to come back for a follow-up with your favorite massage therapist, manicurist, or even just the soothing waters of the caldarium.





Recently opened in November 2018, the Relaxation Room has guests falling heels over head in love. Featuring 12 zero gravity recliners, scenic imagery, aromatic-infused air, and soothing music, this serene paradise encourages total relaxation. After lounging in a zero gravity recliner, you may notice reductions in spinal pressure, muscle tension, and leg swelling. Take a time-out from stress and worry, and revel in total tranquility.

With technology surrounding everything we do, there isn't much time to take a breath, spend time with yourself, and soak the day in. Stepping into Spa Toscana's Himalayan Salt Room, you can feel instant escape from reality. Salt treatments pave the way to meditation and deep breathing at an individual pace. The negatively charged ions in Himalayan salt decreases inflammation and congestion in the lungs, and are said to improve respiratory conditions such as asthma, allergies, bronchitis, and sinus congestion. Escape the mind and body's troubles during a visit to the Himalayan Salt Room.

Stress doesn't just affect mental clarity, it stays within the muscles causing tension. Massages have been proven to alleviate sore muscles, lower blood pressure, and create a relaxation response throughout the entire body. Spa Toscana offers a variety of massages with the goal of soothing the muscles and nourishing the soul. Two unique massage therapies provided are the Reflexology and Reiki.

The Reflexology Massage is based off techniques that date back to 2500 B.C. During this massage, pressure is applied to reflex points on the feet causing stimulation of the organs, glands, and other areas of the body. Peppermint lotion is applied to awaken senses and provide a cooling sensation. This 25-minute massage is known to improve blood circulation, increase relaxation, and aid in fighting depression and anxiety.

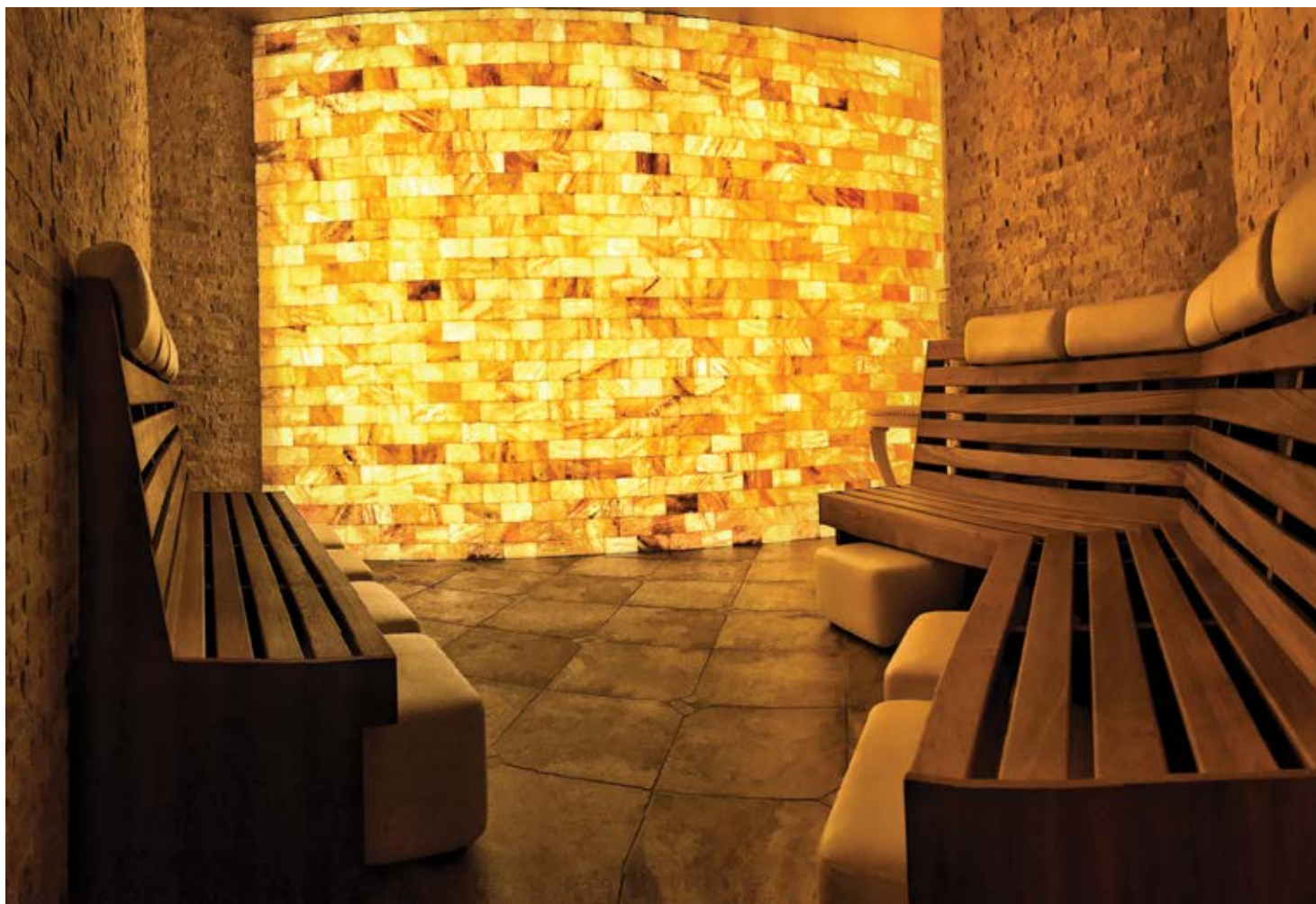


The Reiki Massage, originating from Japan, is perfect for stress relief, relaxation, and healing within the body. Reiki techniques use hands-on care in order to provide continuous healing that is safe and non-invasive. Along with the traditional benefits of a massage, you can expect to experience heightened energy, a general sense of well-being, and deep relaxation after a Reiki Massage.

In between snacking on fresh fruit and staying hydrated with a variety of infused waters, Spa Toscana offers special services geared toward rewarding one of the body's most important organs: the skin. The Remineralizing Body Wrap, Vineyard Polish, and Lavender Dreams are just a few of the body polishes and wraps Spa Toscana provides on its therapy menu. These treatments are perfect for the guest who not only feels tired and stressed, but looks it as well.

The Remineralizing Body Wrap focuses on anti-stress, anti-fatigue, and moisturizing. Essential oil-infused seawater is applied all over the body during this treatment, allowing the skin cells to rebalance and rejuvenate. The healing properties of seawater and calming benefits of essential oils will leave the body feeling energized, hydrated, and sleek.

The Vineyard Polish treatment varies from 50-80 minutes, and uses the polyphenols and jojoba in wine to hydrate the skin and fight aging. While your skin is enjoying a sip of red, you can, too!



*Take a time-out from stress and worry,  
and revel in total tranquility.*



## *The Relaxation Room has guests falling heels over head in love.*

Spa Toscana's Lavender Dreams treatment will leave the skin silky and smooth, the muscles relaxed and rejuvenated, and the body balanced and calm. Exfoliation is used to polish the skin, and then linen bundles consisting of marine salt crystals and lavender buds are massaged into sore muscles, resulting in tension relief and releases of calming lavender scents. Much like the Reflexology Massage, pressure points are utilized to relieve areas of tension throughout the body.

There are numerous benefits to getting a facial that speak to Spa Toscana's mission of aiding the body and mind to a healthy state. Relaxation of facial muscles, increased blood circulation and lymphatic drainage, and detoxification of the skin are just a few. Spa Toscana specializes in facials that focus on replenishing and hydrating the skin. The spa's extensive skin menu contains treatments ranging from Luminous Facials where enzyme exfoliates are used to bring out your best skin, to Purifying Back Treatments that massage and cleanse your skin to its best form. Spa Toscana also provides Ultimate Deluxe Facials that focus on revitalizing and repairing the skin.

Speaking of focusing on the well-being of the mind, body, and soul, Spa Toscana offers Wellness Rituals that help in the healing of issues that go beyond the surface, such as the Bindi Herbal Body Rejuvenation and Nirvana treatment.

Help rid yourself of anxiety and stress while detoxifying your body with the Bindi Herbal Body Rejuvenation treatment. This service stems from a 5,000-year-old wellness ritual called Ayurveda, in which oils are applied to the body to provide healing of the mind, body, and soul. The treatment begins with popular spa techniques including the application of a botanical mask, exfoliation of the body, and a dry brush massage. After, aromatherapy oils are massaged into the skin, leaving it nourished and smooth. The treatment ends with a facial that applies pressure to "Marma Points" and a hot towel wrap.



*Since its opening, Spa Toscana  
has placed an emphasis on the well-being  
of the body, mind, and soul.*



During this enlightening service, all of Spa Toscana's Wellness Rituals are combined to achieve purification and rejuvenation, coining it Nirvana. Experience the calming and therapeutic benefits of the Bindi Herbal Body Treatment, the balancing effects of the Shirodhara, and the nourishment of the Dosha Balancing massage in this 100-minute treatment.

Spend the day living like a Grecian god while experiencing ultimate relaxation through the many services offered at Spa Toscana's 33,000-square-foot sanctuary of luxury. ■



# WINTER

by *Katie Peters*

## skincare tips

Don't leave your skin high and dry this winter. A good skincare routine, along with spa treatments when needed, will keep your skin glistening and nourished all the way to summer.

The weather may not be the only frightful outcome this winter season. Nevada is known for its dry climate, and paired with chilling winds, your skin is susceptible to dryness, itching, and irritation. The best way to avoid the discomfort and dehydration during winter is to maintain a regular skincare routine and add spa services when necessary.

What does a good skincare routine look like? It should start from the beginning of your morning and last until right before bedtime.

When winter rolls around, there is nothing better than starting your day with a hot shower. Unfortunately, hot water can dehydrate the skin, causing it to become dry and itchy. Although a lukewarm shower doesn't sound like the most pleasant experience, it's the best temperature for your skin. If a hot shower is nonnegotiable, turn the water to a cooler temperature a few minutes before exiting. This not only helps your pores temporarily tighten (keeping dirt and bacteria from entering), but also prevents the skin from being stripped of its natural oils too soon.

Moisturizing immediately after showering is essential. A good moisturizing routine starts with eye cream. The area around the eyes is most vulnerable to dehydration and fine lines. When applying, be mindful that this skin is extremely sensitive and should be handled with care. A good rule of thumb is to use your ring fingers to gently apply eye cream under your eyes and surrounding areas.

After eye cream is applied, a serum can be used to add the extra moisture your skin will need. A serum containing hyaluronic acid is perfect for skin types ranging from sensitive to oily. Hyaluronic serums keep the skin hydrated and supple, increase skin elasticity, smooth fine lines and wrinkles, and plump the skin tissue for younger-looking skin.

If you've chosen to add a serum to your routine, the next step will be your daily moisturizer. A good moisturizer will last up to eight hours and contains a sun protection factor (SPF) of 15 or higher. Moisturizer options are bountiful and should be chosen based on skin type (sensitive, dry, or oily). For the colder months, it is recommended to use a heavier moisturizer to compensate for the skin's susceptibility to dryness.



Although you may not see the sun on a snow day, it is still important to apply SPF at the beginning of the day and throughout the day if you will be outside. Once in the morning should be sufficient if you'll be indoors, but if you plan to ski or snowboard the day away, reapplying sunscreen every half hour to two hours depending on the amount of SPF contained in your sunscreen is imperative to protect your skin. Also, keep SPF in mind when choosing a lip salve. The shininess of lip balms and glosses will attract the sun, causing the lips to burn and crack. Even though your daily moisturizer should contain SPF, it is always best practice to apply additional sunscreen at the end of your skincare routine.

The face is not the only part of the body that needs TLC during colder weather. It is important to moisturize your entire body from head to toe, especially your hands, knees, and elbows. These areas dry out quickly, causing the skin to crack. Make this a part of your morning skincare routine, and reapply lotion when you see fit. If you're on the go and need a conveniently sized lotion, Spa Toscana carries Pure Fiji hand cream that will make your skin feel, look, and smell amazing.

Once you get home from a long day, whether it is the office, gym, or running errands, you'll need to continue your skincare routine. Wash your face in lukewarm water with a gentle cleanser to rid your skin of dirt and excess oils.

It's recommended to keep the same routine: eye cream, serum, and moisturize at night. The difference in a nighttime skincare routine is in the products. It's better to use heavier, moisture-focused products at night so that your skin can soak in all the nutrients and hydration while you're resting. Just like daytime products containing SPF, there are numerous nighttime creams, serums, and moisturizers for every skin type.

A big part of maintaining a good skincare routine is avoiding skincare products with ingredients that may further dehydrate your skin. Products with alcohol, heavy fragrances, and harsh chemicals should not be used, especially during the winter. If you're prone to acne or hyperpigmentation, retinols, which stimulate the production of new skin cells, may be a staple in your skincare routine. Retinols should be used cautiously in the winter months because overuse can cause dehydrated skin to peel. Carefully read labels on skincare products before purchasing to avoid potential irritants and buyer's remorse.

Let's say you're a pro skin caretaker. You've done your part in hydrating your skin, but sometimes it needs a little extra love. That's where the experts come in. Spa Toscana's aestheticians say facials should be thought of as a quarterly pampering, and the winter months definitely qualify.

Spa Toscana offers many treatments for hydration including, but not limited to, Rejuvenate Oxygen Infusion, HydraFacial, and Hydra-fusion. The Rejuvenate Oxygen Infusion is perfect for skin that needs a cool drink of water. The oxygen treatment allows vitamins and antioxidants to seep deep into the pores for lasting hydration. The HydraFacial gives your face a fresh start by using hydra dermabrasion to rid your skin of its dead cells. This allows your skin to soak in optimum moisture and rid itself of the appearance of fine lines and skin discoloration. Think of Hydra-fusion as a marriage between the Rejuvenate Oxygen Infusion and the HydraFacial. The treatment begins with exfoliation using micro dermabrasion, followed by the application of super serums full of antioxidants, peptides, and hyaluronic acid to clean skin. Finally, oxygen infusion is used to ensure the skin fully absorbs the serums.

Put your best face forward this winter! Find a skincare routine that works for you and treat yourself every once in a while to a relaxing and hydrating skincare treatment. The winter months may be blistering and harsh, but your skin doesn't have to be. ■



# 4 *Reasons to Return*

by Sarah Litz

FROM STRIKING BEAUTY AND A VARIETY OF SEASONAL FESTIVALS TO ENDLESS SPECIAL EVENTS AND OUTDOORSY ACTIVITIES, THE BIGGEST LITTLE CITY HAS IT ALL. YEAR ROUND, RENO PLAYS HOST TO EVERY EVENT IMAGINABLE, GIVING EVEN MORE REASONS TO RETURN TO THIS SPECIAL TOWN. PICK YOUR FAVORITE OR STAY FOR ALL FOUR, AND GET READY TO PULL ON YOUR COWBOY BOOTS, LACE UP YOUR FAVORITE RUNNING SNEAKERS, DON YOUR BASEBALL CAP, OR ENJOY A CITY FILLED WITH ART.







## 1. RENO RODEO

Pick out your favorite cowboy hat and saddle up for this year's 100th anniversary of the Reno Rodeo. Since 1919, the event has gone through many name changes, but what's here to stay is the Reno Rodeo, the "Wildest, Richest Rodeo in the West." Before the event starts, a team of volunteer cowboys and guests drive 300 steers from Doyle, California to Reno in the Reno Rodeo Cattle Drive. It's a chance to see the world as a true cowboy. The five-day journey of camaraderie and hard work ends at high noon on Sutro Street as the steers make their way to the Reno-Sparks Livestock Events Center.

For the next 10 days, competitive events ranging from bareback, bull riding, steer wrestling, mutton bustin', tie down roping, and more take over the venue. Throughout the day, you'll find delicious fried foods and authentic cowboy shopping fun. After dark, get ready to let loose and line dance the night away in the Jack Daniels' tent.

*The Reno Rodeo takes place June 20-29 this year.  
For more information, visit [renorodeo.com](http://renorodeo.com).*



## 2. ARTOWN

Artown, a perfect portrayal of life in Reno, is a month-long summer arts festival running July 1-31, 2019.

What started as a way to counteract suburban flight and help revitalize downtown quickly blossomed into a staple for the Reno-Tahoe region. An estimated 30,000 participants enjoyed the performances by the Reno Philharmonic, Reno Repertory Theater, and Sierra Arts Folklife Festival during the first Artown event in 1996. By the second year, attendance doubled, and by 2017, the number of participants multiplied to 300,000.

The variety of performances range from dance, music, theater, film, visual, literary arts, and more. Artists of all types and backgrounds from places around the world are welcomed. From the end of June through the end of July, Artown hosts more than 500 events in more than 100 locations citywide.

*For more information, visit [artown.org](http://artown.org).*







### 3. RENO ACES

Batter up! Grab a hotdog, a specialty burger, some extra snacks, and a beer and get ready for the Reno Aces, the Triple A affiliate of the Arizona Diamondbacks.

The baseball season opens on April 4, 2019 in Fresno against the Pacific Coast League Pacific Northern Division champions Fresno Grizzlies for a five-game series. On April 9, it's time to see your favorite hometown team against the Albuquerque Isotopes and El Paso Chihuahuas.

Greater Nevada Field is a family-friendly place. Grass seating is a perfect spot to park the stroller, lay out a blanket, watch America's favorite pastime, and say hello to the Aces' goofy yet lovable mascot, Archie.

Throughout the season, there will be plenty of opportunities to see the Aces play at home, especially on the Fourth of July. The Independence Day celebration begins with a pre-game party, ends with a special fireworks show, and has plenty of good food and baseball in between.

*The Reno Aces 2019 season runs April 4 through August 25 this year. For 2019 ticket packages or more information, visit [renoaces.com](http://renoaces.com).*



Photos by David Calvert, Calvert Photography



Photo by Kelly Corrigan

### 4. RENO-TAHOE ODYSSEY

Earn your badge of honor for completing a 24-hour relay run around the Reno-Tahoe region.

Teams of typically 12 runners start a loop course in Reno and travel through Truckee, Tahoe City, South Lake Tahoe, Genoa, Carson City, Virginia City, and back to Reno. Each team caravans in two (highly decorated) vans throughout the course, encouraging teammates throughout the way, while each runner takes on three legs ranging between three and eight miles each.

While running the RTO may sound like a daunting task, there are two other relay races nestled within the grand race so it can be an experience for every level of runner. The Capital Odyssey Relay is from Carson City, Nevada's capital, to Reno, and joins within the last 12 legs – about 54 miles – of the RTO course. The Comstock Odyssey Relay is from Virginia City to Reno, and joins within the last six legs – or about 30 miles of the course.


If running the RTO with other runners doesn't sound like a challenge enough, there are "ultra" teams consisting of six or fewer runners or an option to complete the race on your own. Only seven people have been inducted into RTO's Circle of Fame. Will you be next? ■

*For more information or to register, visit [renotahoeodyssey.com](http://renotahoeodyssey.com).*




Photo by Shelby McAuliffe



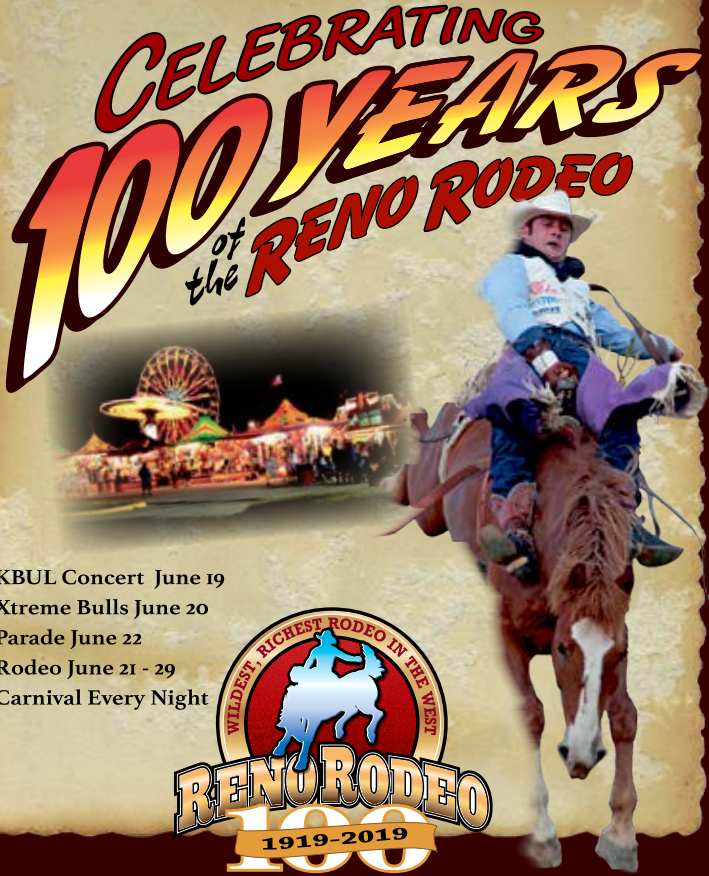


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# Where Snowshoeing Meets Snowbirds

by Rachel Wright



You won't find a dedicated trail guiding you to Chickadee Ridge, but the short jaunt – less than 2 miles each way – into the woods will be well worth it. Here, the mountain chickadees are abundant, filling the air with a distinct three-note call that sounds oddly like the word “cheeseburger” (which is how the nickname “cheeseburger bird” was earned). The closer you get to the top of the ridge overlooking Lake Tahoe, the more chickadees will appear. With some bird-friendly treats strategically placed, it's almost certain that the members of the winged welcoming committee will perch on your hand, arm, shoulder, or even head for a snack – and a seriously Instagram-worthy photo op. If you don't feel comfortable feeding wildlife, which is typically not encouraged, know that the chickadees here are so used to human visitors that they flit about as if they were expecting you. Get ready to make feathered friends no matter what.



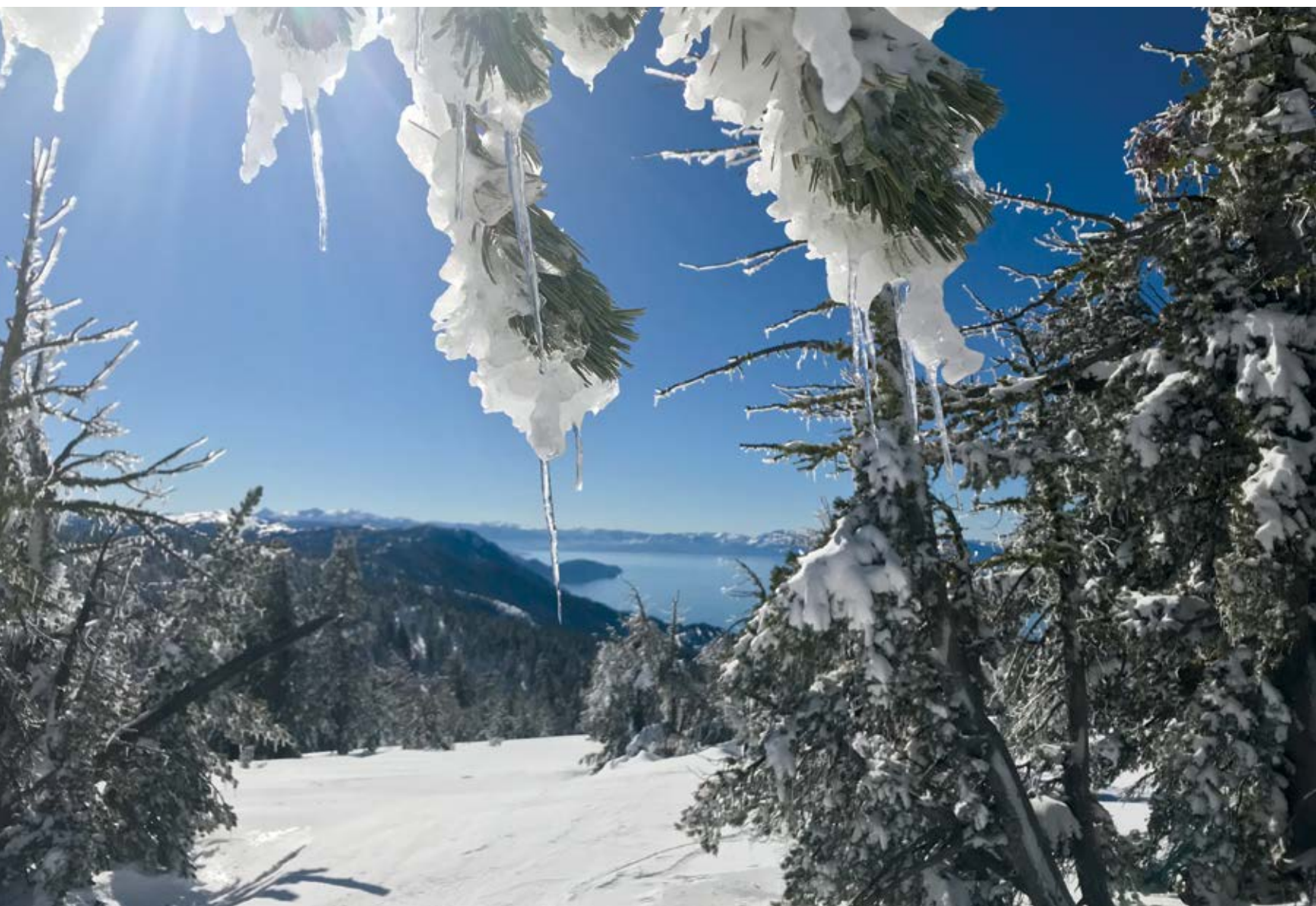
THERE'S NO SHORTAGE OF BEAUTIFUL SPLENDOR IN LAKE TAHOE'S WILDERNESS. BETWEEN THE SOARING PINES, FRESH MOUNTAIN AIR, AND BREATHTAKING VIEWS, IT'S A LEGENDARY DESTINATION WHERE THE MOST ENCHANTING MEMORIES ARE MADE. A TRULY MAGICAL MOMENT AWAITS OFF THE BEATEN PATH, THOUGH, AND ONLY ONE SPECIAL INGREDIENT IS NEEDED TO UNLOCK A ONE-OF-A-KIND EXPERIENCE: BIRDSEED.





This trip can be made in any season, but it's especially awe-inspiring when done in the winter. A layer of snow means snowshoes will be required, but the powdery wonderland is part of the fun – and again, think of the photos! Many places in the Reno-Tahoe region will rent you snowshoes if you are new to the activity, too. Just make sure you don't blaze your way through the wilderness unprepared. Do your own research before hiking Chickadee Ridge, as there's no shortage of tips that maximize fun and minimize risk.

To get to Chickadee Ridge, drive less than an hour outside of Reno toward Tahoe Meadows on Mt. Rose Highway (Highway 431). You'll find a parking area opposite a popular sledding hill. From the trailhead, start walking the boardwalk through the meadow, following signs toward the Tahoe Rim Trail. Enter the forest and walk on this trail for about 1.5 miles, then continue until you reach directional signage pointing out Meadow Loop and Ophir Creek trails. At this point, head southwest toward the top of the ridge line. Once Lake Tahoe becomes visible, you've arrived.





# Our Insider Tips

- Friendly dogs are welcome at Chickadee Ridge, but you'll know best if your furry friend's antics might scare away the birds. You'll also want to protect their paws from the elements!
- Heavy snowfall can cover trail signage, making pre-trip research extra important.
- While Tahoe Meadows is a popular area, it's always recommended to practice back country safety. Bring plenty of water, stay aware of your surroundings, outfit yourself in the proper gear, and let someone know where you're going.
- Pack a thermos of hot chocolate to enjoy amongst the chickadees! ■



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# Tahoe *South*



## *Sleighs* the Winter Season

by Jenn Boyd





Photos courtesy of Lake Tahoe Visitors Authority

*Temperatures are dipping and moods are lifting for the wintertime in South Lake Tahoe. One of the country's top ski destinations welcomed the changing season with enhancements at its three area ski resorts, along with new dining and lounge options.*

## Care to Go Car-Less

Travel in the snow can be stress-free when visitors choose to go car-free this winter. From the airport's baggage claim, South Tahoe Airporter offers round-trip motor coach service with stops at Stateline resorts.

Those traveling with ski and snowboard equipment can use UberSKI, now operating in the South Shore area. UberSKI allows riders to request vehicles equipped with a ski rack or truck bed for convenient transportation.

## Snow Bad Days

Heavenly Mountain Resort introduced improvements to the mountain with a widened transition run from California to Nevada, a Galaxy Chair upgrade from a double to triple lift, and new snowmaking capabilities including 48 high-efficiency snow guns along the Nevada and Boulder trails. Guests can also try the new guided winter utility task vehicle tours for ways to experience Heavenly's slopes and views with treks traversing Blue Sky Terrace past scenic viewpoints. The good times continue après ski with opportunities to unwind at any of Heavenly's three lodges with different takes on street foods, craft cocktails, and brews.

*Heavenly Mountain Resort is located at 4080 Lake Tahoe Boulevard in South Lake Tahoe, California, and is open Monday through Friday from 9 a.m. to 4 p.m. and Saturday and Sunday from 8:30 a.m. to 4 p.m.*

Sierra-at-Tahoe continues its commitment to providing a stellar experience for first-time riders and families with friendly snow surfaces courtesy of new PistonBuley Snowcats equipped with SnoSat technology. Chairlifts, snow grooming systems, trail signs, and food and beverage options have all been updated for the 2019 season. As a member of the Powder Alliance, Sierra-at-Tahoe passholders will also be able to ride three free days at Sugar Bowl, a new Tahoe resort added to the collection of 18 other resorts around the world.

*Sierra-at-Tahoe is located at 1111 Sierra-At-Tahoe Road in Twin Bridges, California, and is open Monday through Friday from 9 a.m. to 4 p.m. and Saturday and Sunday from 8:30 a.m. to 4 p.m.*

Kirkwood Mountain Resort boasts a locale that begs for exploration. Expedition Kirkwood allows riders to discover the legendary wide-open, diverse terrain and secret powder pockets with a coach and learn about backcountry style. Kirkwood offers women's clinics and camps throughout the season. The Cornice Pizza in the Kirkwood Village was updated with fresh interiors and a new menu, with inspiration from the '80s.

*Kirkwood Mountain Resort is located at 1501 Kirkwood Meadows Drive in Kirkwood, California, and is open daily from 9 a.m. to 4 p.m.*

## Brews & Chews for the Crew

Tahoe Social House pairs sandwiches with speakeasy. It's located in the Heavenly Village next door to sister property California Burger Co. Gourmet deli sandwiches are served in the daytime, while the restaurant features a secret '20s style with bespoke cocktails at night.

*Tahoe Social House is located at 1001 Heavenly Village Way Suite 3 in South Lake Tahoe, California, and is open Monday through Saturday from 8 a.m. to 8 p.m. and Sunday from 8 a.m. to 8:30 p.m.*

Crazy Good Bakery Café has gourmet doughnuts with varieties that include hot cocoa, maple pecan, apple pie, and blood orange pistachio, as well as a selection of housemade pies and miscellaneous pastries.

*Crazy Good Bakery Café is located at 2040 Dunlap Drive in South Lake Tahoe, California, and is open Wednesday through Monday from 7 a.m. to 3 p.m.*

Refuge Coffee opened a public cafe at Blue Granite Climbing Gym in addition to its online store. The brewer's unique small batch roasting style was created in South Lake Tahoe.

*Refuge Coffee is located at 1259 Emerald Bay Road in South Lake Tahoe, California, and is open Monday through Friday from 6 a.m. to 7 p.m. and Saturday and Sunday from 9 a.m. to 8 p.m.*

Dragonfly Bagel Co. relocated from Blue Angel Café to its new permanent location in Black Bear Lodge, just up the block. Bagels are made by hand Thursday through Sunday and feature unique creations like the Cheez-It bagel with pulverized Cheez-Its.

*Dragonfly Bagel Co. is located at 1202 Ski Run Boulevard in South Lake Tahoe, California, and is open Thursday through Sunday from 7:30 a.m. to noon.*







## Lodge In Style

The theme is “more” for MontBleu Resort Casino & Spa this winter season with more happy hours, more food and beverage options on-site, and more events and entertainment. Ciera Steak + Chophouse, Tahoe’s only AAA Four Diamond Restaurant, is offering a tapas happy hour with 25 percent drink discounts from 4:30 p.m. to 5:30 p.m. Sunday through Friday. At Fortune, an American-Chinese restaurant, house sake and beers are 50 percent off, as well as all-you-can-eat sushi.

*MontBleu Resort Casino & Spa is located at 55 Highway 50 in Stateline, Nevada.*

Lakeland Village Resort at Heavenly is the newest addition to Heavenly Mountain’s lodging properties with townhomes, including several lakefront units. Resort guests will be able to purchase lift tickets on-site while enjoying the beauty of Tahoe with the amenities of home only a mile from the mountain.

*Lakeland Village Resort at Heavenly is located at 3535 Lake Tahoe Boulevard in South Lake Tahoe, California.*

Zephyr Cove Resort extended its year-round M.S. Dixie II boat rides and RV campground availability. New to the resort is Airstream camping, allowing guests to camp under the stars in style in a newly built model complete with a fully equipped kitchen, bathroom, and fire pit. The pilot program for Airstream was one of Aramark’s most successful this past summer and will continue into winter. Zephyr Cove Resort will also add 30 new snowmobiles to its fleet of 100 snowmobiles per tour.

*Zephyr Cove Resort is located at 760 US-50 in Zephyr Cove, Nevada.*

Hard Rock Hotel & Casino Lake Tahoe rocks its way through winter with amenities that include a ski valet, in-room boot fitting, and convenient rentals on-site in affiliation with local provider Powder House. New additions to Alpine Union Bar include a boozy cereal of Cocoa Puffs or Lucky Charms with a coordinating alcoholic milk cocktail.

*Hard Rock Hotel & Casino Lake Tahoe is located at 50 US-50 in Stateline, Nevada.*





The Lodge at Edgewood Tahoe welcomes Black Tie Rentals to its Adventure Shop for guests to easily reserve on-site ski and snowboard rentals.

***The Lodge at Edgewood Tahoe is located at 100 Lake Parkway in Stateline, Nevada.***

Recent upgrades were made to Ridge Resorts' Hilltrac Skier Express, the self-operated eight-passenger gondola that connects the resort directly to Heavenly's Stagecoach Lodge. The upgrades will remove 25 steps, providing closer access to the chairlift and creating a hassle-free slope-side experience for skiers and snowboarders.

***The Ridge Resorts is located at 400 Ridge Club Drive in Stateline, Nevada.***

## Healthy Tidings

'Tis the season for wellness with new gyms and fitness offerings. Omni Tahoe, a versatile fitness space, offers classes in Tahoe's only infrared heated yoga studio, as well as pole, barre, and dance classes.

***Omni Tahoe is located at 2032 Lake Tahoe Boulevard in South Lake Tahoe, California, and is open daily from 8 a.m. to noon and 4 p.m. to 8 p.m.***

New to Tahoe, Gym Love breaks the mold of traditional fitness facilities by combining aspects of health and wellness with training, nutrition coaching, and testing to maximize results.

***Gym Love is located at 3979 Lake Tahoe Boulevard in South Lake Tahoe, California, and is open 24 hours daily.***

South Lake Tahoe's first indoor climbing gym opened its doors to allow for year-round rock climbing regardless of the weather. Blue Granite Climbing Gym offers beginners and experts a full lineup of classes and clinics, including youth programs and special events. ■

***Blue Granite Climbing Gym is located at 1259 Emerald Bay Road in South Lake Tahoe, California, and is open Monday through Friday from 10 a.m. to 10 p.m. and Saturday and Sunday from 9 a.m. to 10 p.m.***



Photo by Andrew Jorgensen



Photo by Andrew Jorgensen



# What's New This Winter in *North* Lake Tahoe

By Daphne Lange, Tourism Director for North Lake Tahoe



Photo by Ryan Salm

*North Lake Tahoe, home to the nation's largest concentration of downhill ski resorts, plays host to a series of winter events. Guests can enjoy farm-to-table dinners with Olympians, live music, performing arts, and celebrations throughout the region.*

*For luxury après and wellness opportunities, North Lake Tahoe's spas incorporate indigenous stones and natural elements of the Sierra, including Northstar California's Tahoe Spa & Wellness Center, which tailors spa treatments for skiers and snowboarders. Various yoga studios offer diverse classes, including Squaw Valley's Wanderlust Studio, which debuts new AIReal Yoga classes.*



Photo by David Bunker

# ACTIVITIES AND EVENTS

**Alpenglow Sports** hosts free community events this winter including:

- During the Alpenglow Winter Film Series, showing through February 2019, four famous athletes tell stories about their adventures from remote mountain ranges across the globe.
- Alpenglow Mountain Festival, February 16-24, 2019, is a collection of various mountain activities, geared toward pro and novice athletes.

*Alpenglow Sports is located at 415 North Lake Boulevard in Tahoe City, California, and is open on weekdays from 10 a.m. to 6 p.m. and on weekends from 9 a.m. to 6 p.m.*

## **Homewood Mountain Resort**

- Tahoe Fusion, West Shore Cafe's new food truck, provides on-mountain dining, featuring a blend of Asian and Latin cuisines.

*Homewood Mountain Resort is located at 5145 West Lake Boulevard in Homewood, California, and is open daily from 9 a.m. to 4 p.m.*

**Diamond Peak Ski Resort** introduces The Village at Diamond Peak terrain park and an acclaimed STOKe (Sustainable Tourism Operator's Kit) Certification, in addition to the following seasonal events:

- Enjoy Moonlight Snowshoe Hikes January 18, February 15, and March 15, 2019, a 1.5-mile hike to Snowflake Lodge (3 miles roundtrip), s'mores, and hot cocoa.
- Last Tracks Wine and Beer Tastings, Saturdays, February 9 through April 13, 2019, are a great opportunity to sample fine wines, craft brews, and appetizers, with a freshly groomed run at sunset.
- The Luggi Foeger Uphill/Downhill Festival, March 30-31, 2019, is a human-powered race to the top of the mountain and back down to the finish line where the fun continues with prizes and live music.
- Learn about the area with Interpretive Ski Tours February 9, March 9, and April 13, 2019, where you will learn historical and environmental information about the resort and region.

*Diamond Peak Ski Resort is located at 1210 Ski Way in Incline Village, Nevada, and is open daily from 8 a.m. to 4 p.m.*





Photo by Jeff Dow

**Northstar California** debuts family-friendly tubing at the Overlook, featuring fire pits for s'mores and spontaneous snowball fights. The signature Her Mountain Retreat Ultimate Girls Weekend includes Her Mountain Lessons, Platinum First Tracks access, and onsite yoga, January 26-27, February 23-24, and March 23-24, 2019. Platinum guests can participate in the iconic Töst tradition, a champagne toast near the top of Mount Pluto, with a complimentary glass of sparkling wine or cider every afternoon on East Ridge Run. All of this and more can be accessed with the Epic Pass, offering unlimited, unrestricted access to 19 mountain resorts plus additional access to 46 more.

Additional Northstar California events and offers include:

- The Tahoe Spa, Yoga and Wellness studios, classes, and treatments designed for skiers and snowboarders.
- Her Mountain Lessons: a program designed by women, for women, geared toward intermediate skiers or riders.

***Northstar California Resort is located at 5001 Northstar Drive in Truckee, California, and is open daily from 8:30 a.m. to 4 p.m.***

### **Sugar Bowl Resort**

- Silver Belt Series, February-April 2019: D-Money's scavenger hunt (February 2), Banked Slalom (March 2), Quad Crusher (April 9).
- Slide, Glide and Ride Sessions educate teens ages 13 and older about their equipment, and teaches how to stop, turn, and ride the lifts.

***Sugar Bowl Resort is located at 629 Sugar Bowl Road in Norden, California, and is open daily from 9 a.m. to 4 p.m.***

### **North Tahoe Recreation and Parks**

- North Tahoe Regional Park offers sledding, snowmobiling, cross-country skiing, and snowshoeing.
- All Weather Soccer Field is plowed all winter long and is available for pickup games.
- Tree Top Adventure Park, open weekends this winter, features 70 tree platforms connected by bridges and zip lines.

***North Tahoe Recreation and Parks is located at 6600 Donner Road in Tahoe Vista, California, and is open daily from 7 a.m. to 5 p.m.***

Squaw Valley and Alpine Meadows introduces the Ikon Pass, providing access to 36 destinations globally. The resort celebrated the 50th anniversary of the Aerial Tram in December 2018. Mountain Tours offer complimentary historical tours and legendary stories of the mountain.

- Disco Tubing is available through February 23, 2019 on select days. Spend the evening snow tubing while enjoying DJ tunes and colorful lights.
- AIReal Yoga debuts at Wanderlust Yoga Studio. ■

***Squaw Valley Ski Resort is located at 1960 Squaw Valley Road in Olympic Valley, California, and is open daily from 10 a.m. to 5 p.m.***



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